

App F IX-4

Previous References

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1946-47
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File No 92-46
Serial Nos 1

Later References

GENERAL AND REVENUE SECRETARIAT

Serial Nos *see*

Part B for

- July 46

SUBJECT

Food planning -

Answers to question name

6594
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ROUTINE NOTFS

[To be used only for notes requisitions etc not intended for permanent record]

From the president, 22-M-11 Mysore

M-11-C 123 / 45-46 & 12-3
44

Feds chair replies to the
questionnaire re the Food
Planning

A reply is due to the

Govt of Andhra - Food Sec-

The file has to be obtained

(from the Development Branch
(Food Supply Section))

25/3

For Kindly return
in quick
the file today.

Food supply section
Development Branch

26/3/46

The note on one previous portion of feeding
works made in Andhra in the State has been forwarded to the Director

5646 States the file may now be
returned to one & S Branch

Sub. 1 S. Branch

WD 08 3-GIB-05000-20 11 45

The file relating to the
Branch may be retained
in the office returned to
the Branch on 11/7/46

Food
Scheme of school feeding for
children

55 11/50 K

26/3/46

has been
The Connected file, related to the minutes on
18346 (24621) For orders whether issuing
orders of the minister ~~concerned~~ on that file.
may be issued. Notes be written in small script
if of 100 must be copied or separately written

24/3 O A & L. M. S. }
27/3

Received from the Minister's office on 24 5 46

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No M5 C/123/45-46
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From

R Ramachandra Rao Bhombore Esq. B A

President City Municipal Council A
MYSORE

Office of the President
City Municipal Council Mysore
12th March 1946

J B Mallaradhya, Esq, M A,
Revenue Secretary to Government,
Bangalore

Sir,

Subject: Food Planning -- Answers to the
Questionnaire re: the --
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With reference to your letter No 103-104/
dated 22-10-45 and subsequent reminders on the
above, I have the honour to enclose herewith draft
replies to the several questionnaire forwarded by the
Planning Branch to the Government of India

I have the honour to be,
Sir,
Your most obedient servant

PRESIDENT

20/3

BS

QUESTIONNAIRE RELATING TO FOOD PLANNING FORWARDED BY THE
GOVERNMENT OF INDIA - FOOD DEPARTMENT

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xx

3 Have you made any estimates of Fluid Milk consumed in your Town or City?

No

4 a) Have you got licensed vegetables and fruit markets in your town?

a) Yes

b) If so, can you give any idea of the type of vegetables and fruits sold in the markets and the approximate daily quantities sold and the prices at which the sales are effected?

b) Vide Statement appended

5 1) Have you any licensed fish and mutton (and or beef) market in your town?

1) Yes, but the animals are slaughtered in a slaughter house separately assigned therefor

2) If so, can you give any idea of the quantities of fish, mutton and beef sold in these markets, approximate daily quantities sold and prices at which the sales are effected?

2)
Fish 200 to 500 As 8 to Rs 10 eac
Beef 7200 lbs 4 to 6 as pe
Mutton 2400 lbs 12 to 14 lb
as per lb

6 Have you any record of the prices of milk, fish (wet and dried) mutton beef, poultry, eggs, vegetables (different kinds) and fruit (different kinds) sold in your town or city and if so, for how long a period are such records available?

This is not maintained

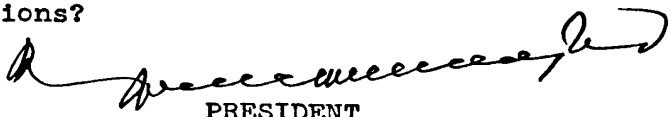
7 From your experience of the Health condition of your town or city and its relation to nutritional factors, can you offer any observation on the effects of the war on the standard of food consumption, in your area? In particular, do you think that food consumption has been affected either in quantity or in quality (by quality is meant composition of diet particularly from the point of view of the protective foods) as compared to pre-war conditions and if so, has the effect been particularly marked on any social class or income group?

The prices of all the food-stuffs both vegetarian and non-vegetarian, besides milk and milk products, having risen high, as an effect of war, the poor class of people lost the balanced diet. Signs of mal-nutrition were evident in the family groups getting an income of Rs 100/- or less per month

8 Have you got a nutrition section in your section in your Health Department? If so, when was it formed, what its strength and what are its functions?

No

BS


PRESIDENT
City Municipal Council,
Mysore

14/5/46

21	Plaintains		
	1st quality	5000 to 20,000	Rs 2/5/- to Rs 4/- per 100
	2nd quality	1,00,000 to 2,00,000	Rs 1/8/- to Rs 2/8/ " 100
22	Apples	500 to 1000	Rs 4 to Rs 9/- per dozen
23	Melons(seasonal)		
	Vater	1000 to 5000	Rs 30 to Rs 45 per 100
	Musk Melon	200 to 1000	Rs 30 to Rs 50 per 100
24	Grapes	5 mds to 25 mds (weekly)	Rs 15 to Rs 20 per md
25	Mangoes (seasonal) 3 Months	5 lakhs to 10 lakhs (per day)	Rs 30 to Rs 50/- per 1000
26	Tomatoes(seasonal)	500 mds to 1000 mds	Re 1 to Rs 10/- per md



PRESIDENT,
City Municipal Council,
Mysore

6/10/1966

BS

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STATEMENT OF VEGETABLES AND FRUITS SOLD IN THE MARKETS
WITH THE APPROXIMATE QUANTITY AND RATE

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Name of vegetables	Quantity supplied per day	Market price at which sales effected
<u>Indian Vegetables</u>		
Battle gourd	50 to 200	4 as to 6 as each according to sizes
2 Snake gourd	do	2 as to 6 as each do
3 Round gourd	100 to 1000	6 pies to 2 as each according to sizes
4 Yellow pumpkin	50 to 100	40 Rs per 100
5 White pumpkin	do	do
6 Brinjals	6 mds to 50 mds	8 as to 1 Rs per vizz
7 Cucumber	1000 to 6000	1 anna to 2 as each
8 Lady's finger	In season, -time, commencing from April-May, 1200 mds	4 as to 6 as per viss
9 Green plantains	1000 to 10,000 weekly	20 Rs to 30 Rs per 1000
10 Greens Mixture green leaves	3,000 lbs	3 as to 8 as per lb
11 Green & Pulses	Seasonal 5 carts to 20 carts 1 cart weighs 25 mds	1 md = Rs 3
12 Fiddle beans	2 mds to 25 mds	Rs 3-12-0 to Rs 5 per md
13 Guar	2 mds to 10 mds per week	Rs 3-8-0 to Rs 5- per md
<u>English Vegetables</u>		
14 Beans & peas	10 mds to 100 mds	Rs 4 to Rs 6 per md
15 Cabbage	2000 to 5000 per week	Rs 75 to Rs 100 for 100
16 Kohl Rabi Earliest white	1000 to 5000	1 anna to 2 as each
17 Cali Flower	500 to 5000	6 as to 8 as each
18 Raddish	1000 bundles to 5000 " (each bundle containing 5 to 6)	Each bundle 6 pies or 1
19 Gurile Tunnip	5 md to 10 Mds	Rs 3 to Rs 5
<u>FRUITS</u>		
20 Oranges	15,000 to 1,00,000	Rs 75 to Rs 165 per 1000

NOTES ON MIDDAY MEALS IN SCHOOLS.

I. Present position.

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A grant of Rs.500/- was made for the first time in the year 1935-36 for midday meals in Middle Schools. The scheme of midday feeding now is extended not only to Middle Schools but also to High Schools and Upper Primary Schools. Increasing grants are being made for this purpose. The grant for the year 1945-46 is Rs.6000/- as compared with Rs.2000/- in 1943-44 and Rs.500/- in 1944-45. Besides this grant of Rs.6000/-, a sum of Rs.1000/- has been provided for midday feeding in Upper Primary Schools.

1. HIGH SCHOOLS.

There are 80 High Schools in the State (July 1945) and provision for midday feeding has been made in 22 of these schools for about 3200 pupils. 6 Schools reported early this year that arrangements were afoot in their schools to start midday feeding this year for 900 pupils. 32 Schools reported that no arrangements had yet been made in their Schools, but that provision was necessary for 5000 of their pupils. 16 Schools reported that no arrangements are necessary there.

The cost per head per day varies considerably from school to school. The cost per head in the schools where the scheme is being tried is shown below:—

(a)	(b)
Cost per pupil per day. Rs.	No. of schools in which the cost of menu per head per day works out in the figures shown in (a).
0-0-6	---
0-0-9	---
0-1-0	---
0-1-3	---
0-1-6	---
0-1-9	---
0-2-0	---
Total	21

Note.—This number excludes one school in which a canteen is run on paying basis. The cost per head in this school has not been reported.

In most schools the menu provided is of the same variety viz., Mulianna and Kosaranna (rice preparation) with occasional variations by providing Gurgari (Kesarukalu or Kadale) (pulses) instead of Mulianna. The variations in cost per head is due not only to the quality of food supplied, but also to the quantity, number of pupils served etc.

The menu provided is not based on a scientific study of the nutritional needs of the pupils. The Chief Medical Inspector of Schools has suggested a list of alternative menus with a view to meeting the calorific needs of the children and the requirements of a balanced diet. (Appendix) According to his estimate the cost per pupil per day works out to about 0-2-6 annas per head per day according to the present rates and 0-1-6 annas in normal days. Considering that costs of food in the very near future may be between the pre-war level and the present high rates, a reasonable estimate for purposes of sanctioning grants would be 2 annas per head per day, keeping the objectives of proper nutritional feeding.

The expenses of midday feeding in High schools are usually met from funds received from four sources.—

1. Government Grant.

2. Grants (P.F.O.)

2. Grants from municipalities and District boards.
3. Payments by pupils - not all the pupils who partake of midday food take it free, some pay the whole or part of the cost. Payment on the part of all the pupils is not compulsory. The poorer pupils for whom the arrangements are primarily made do not pay.
4. Contributions from the public - in cash or kind.
5. Proceeds of benefit performances - Dramatic enactments and Variety shows.

The arrangements for midday feeding are usually organised by a committee consisting of some members of the staff of the school and non-teachers.

From the reports of 9 High Schools in which arrangements for midday feeding are being conducted satisfactorily, it is seen that roughly 10 per cent of the total expenditure incurred represents the cost of labour.

2. MIDDLE SCHOOLS.

Provision for midday feeding has been made in 71 middle schools of 457. At the time of enquiry (early this year), 46 of these schools were in receipt of government grant. The total number of pupils for whom provision has been made is 4500 out of a total strength of about 10,000 in these schools. From the statistics received from the Middle Schools, it appears that in estimating the number of pupils for whom provision for midday feeding will have to be made, 45 per cent of the total number of pupils may have to be included in the scheme. This percentage includes not only necessitous children who are not in a position to contribute anything (computed at about 5/9 of the total number of pupils for whom provision is considered necessary) as well as other children who may contribute towards the cost of the food provided satisfactory arrangements for the latter are made.

It is estimated that if midday feeding were to be introduced in all the Middle Schools of the State the number of pupils for whom arrangements would have to be made this year would be about 32,000. As more schools come into existence, this number would have to be increased.

The menu now being provided in the Middle Schools is similar to that in High Schools, but the former provide a greater variety. The menus provided in Middle Schools are of the following varieties.—

Name of District.	Menu provided.
1. Hassan	— Mosaranna, Hulianna (rice preparations).
2. Shimoga	— Hulianna, Mosaranna, Bread (Hoti), Oil-rice.
3. Chitaldrug	— Rice or bread (Hoti).
4. Kadur	— Rice and curry, Usali, Parched rice, cake, uppittu and bread.
5. Zolar.	— Hulianna, Chitranna and Gurari.
6. Mandya	— Vegetable bath, Hulianna, Saranna and Mosar.
7. Mysore	— Nimbebath, Aharabath and Bakala bath.
8. Bangalore	— Chitranna, Hulianna, Mosaranna, Avalakki, Usali and Uppittu.

3) Duvvur - Hulianna, Mosaranna, Avalakki, Gurari, Kadur and Hassan. The cost per head per day varies from six paise to one anna. As regards the quality of menu provided. The approximate value of public contributions towards the cost of feeding in the Middle Schools is Rs. 13,500/- as compared with Government of Rs. 2,600/-.

PRIMARY SCHOOLS. - Midday feeding has not at present been arranged in primary schools.

Je. Kallakur
Secretary to Government,
Development Deptt. (Food Supplies).

APPENDIX - A

Alternative menus for free meals to school children:-

1. Rice (3 oz) and curds with pickles, Kosimbhari (salad) or one tomato or plantain or potato and butter or cheese 1 oz.
2. Ragi balls or jola biscuit with vegetables; Kosimbhari(salad) or one tomato or plantain or potato with butter or cheese 1 oz.
3. Ragi cake with potato; Kosimbhari (salad or one tomato or plantain with butter or cheese 1 oz.)
4. Wheat cake (ppori) with vegetables Kosimbhari (salad) or one tomato and plantain with butter or cheese 1 oz. Calcium Lactate, Cod or Shark Liver Oil to be added in special cases as advised by the Medical Inspector

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GOVERNMENT OF HIS HIGHNESS THE MAHARAJA OF MYSORE

No. SI 8912 R37-45-8 679 General and Revenue Secretariat
Encls Dated Bangalore 5th June, 1946.

From
The Secretary to the Government of His Highness
the Maharaja of Mysore
Development Deptt. (Food Supplies).

To
The Secretary to the Hon ble the Resident in Mysore
Bangalore

Sir

SCHOOL FEEDING SCHEMES

With reference to the correspondence ending with your letter No F 323-45/A, dated, the 7th January, 1946 on the above subject, I am directed to forward herewith, in triplicate, a copy of the note on the present position of feeding arrangements made in the Schools in the State received from the Director of Public Instruction in Mysore, Bangalore (through the Director of Food Supplies). I am to add that, in reply to a similar questionnaire received direct from the Planning Adviser, Government of India, a copy of the said note has been already furnished to that officer with this office letter No. L 7603 dated 29-1-1946

I have the honour to be,

Sir,

Your most obedient servant,

R. K. K. K. K.
Secretary to Government,
Development Deptt. (Food Supplies).

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Encls
the L.S.G. Section,
Education "

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